



St James School – Canteen Menu & Price List

2016/17 SUMMER MENU



Open Monday, Wednesday and Friday

Fresh Sushi Available Mondays & Wednesdays

RECESS 10.45am to 11.15am LUNCH 1.20pm TO 1.50pm

Hot foods eg: pies and sausage rolls are **not** sold at recess

HOT FOODS (Individual Serves)

Macaroni Cheese	\$4.50
Fried Rice 200g	\$4.50
Lasagne	\$4.50

PASTRIES – Healthy Kids Approved

Beef Cruizer Lite 180g	\$3.80
Small Snack Pie 120g	\$2.60
Sausage Roll 125g	\$2.50
Cottage Pie 75g	\$1.20

GLUTEN FREE OPTIONS

Mrs Macs G/F Beef Pie 175g	\$5.00
Mrs Macs G/F Sausage Roll 140g	\$4.00
Inghams G/F Chicken Nuggets (5/bag)	\$3.50

CHICKEN BREAST GOUJONS (5 fingers/bag)	\$2.50
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BURGERS

Chicken-with lettuce, cheese & mayo	\$4.60
Beef- with lettuce, cheese & tomato sauce	\$4.00
Extra Salad 30c per ingredient (carrot, tomato, beetroot, avocado, red onion, pineapple)	

HOT DOGS (on white sub rolls)

with tomato sauce	\$2.50
with tomato sauce & cheese	\$2.80

SANDWICHES (Wholemeal/White)

	<i>Sandwich</i>	<i>Toasted/Wrap</i>
Toasted or wraps (50c extra)		
Cheese or Vegemite	\$2.00	\$2.50
Egg, Lettuce & Mayo	\$2.50	\$3.00
Chicken / Ham & Salad	\$3.80	\$4.30
Tuna / Salmon & Salad	\$3.80	\$4.30
Tomato & Cheese	\$2.50	\$3.00
Ham / Chicken & Cheese	\$2.80	\$3.30
Ham / Chicken	\$2.50	\$3.00
Salad (lettuce, carrot, cucumber, beetroot & tomato)	\$3.30	\$3.80
Extra 30c per item (cheese, pineapple, avocado, red onion)		

MINI CRISPY CHICKEN WRAP

1 Crumbed Tenderloin served with Lettuce, cheese, mayo	\$3.80
Choice of BBQ or Tomato Sauce optional	

MINI SALAD TUBS

Small Tub - Garden or Greek	\$3.00
Ham / Chicken extra	\$1.00

SNACKS

Popcorn (plain non-salted)	\$0.30
Pikelets (fresh daily, buttered/unbuttered)	\$0.30
Vegie Chips (Gluten Free)	\$1.20
Fresh fruit depending on season	\$0.80
Jelly with or without custard	\$0.80/\$1.20
Fresh Cupcakes/Homebake	\$0.60

ICE BLOCKS/FROZEN SNACKS

Homemade Fruit Juice Blocks	\$0.50
Flavoured Milk Ice Blocks (Low Fat)	\$0.60
Mini Calippo (Rasp/Pine)	\$1.20
Lemonade Ice Block	\$1.50
Paddle Pops (Choc or Rainbow)	\$1.80
Ice cream Cone, (Vanilla with Sprinkles)	\$2.00
Frozen Twisted Yoghurt Tubs	\$2.00
Kanga Krush Slushies (small)	\$2.00
Chocolate Shaky Shakes	\$2.50
Sorbets (Lemon, Mango Passionfruit, Orange Mango)	\$2.50

DRINKS (NSW Canteen Approved)

GLEE Fruit Juice (Lightly carbonated)	\$2.00
Bottled Water	\$2.00
Flavoured Milk 300ml (Choc/Strawberry)	\$2.20

EXTRAS

Sauce sachets (Tomato, BBQ, Sweet Chilli)	\$0.30
Brown Lunch Bags	\$0.10